

Talk to your friends about the different skates.

- How are the sports different?



roller skates



ice skates



skate board



roller blades

Use a dictionary to find out which picture shows each exercise.

- Do you know these words for exercising?

1.jogging



2.squats



3.lunges



4.bum kicks



5.slalom



Read and complete the text using the words in the box.

with

to

well

recreational

which

What's Roller Skating?

It is a _____ and competitive sport in _____ the participants use special shoes fitted _____ small wheels to move about on rinks or paved surfaces. Roller skating sports include speed skating, hockey, figure skating and dancing competitions; similar _____ the ice skating sports, as _____ as the vertical and street style competitions common to so-called extreme sports.