

Name: \_\_\_\_\_.

Grade: \_\_\_\_\_. Group: \_\_\_\_\_. Date: \_\_\_\_\_.

**Read and answer the questions.**

1. **What is** the main commitment at Allina Health?

\_\_\_\_\_.

2. **How does** Allina Health make things easier for healthy habits?

\_\_\_\_\_.

3. **What are** some examples of sugary drinks and their negative facts on health?

\_\_\_\_\_.

4. **Are** pre-sweetened beverages good or bad for us? Explain.

\_\_\_\_\_.

5. **What are** the 6 main products that Allina Health offers?

\_\_\_\_\_.

6. **What** diseases **does** sugar cause on people?

\_\_\_\_\_.

7. **What does** deep-fried food offer?

\_\_\_\_\_.

8. Mention 3 sugary drink facts.

\_\_\_\_\_.

9. **What** other products are available at Allina Health?

\_\_\_\_\_.

10. **What is** your conclusion about healthy food?

\_\_\_\_\_.

