

## Strategies to help my student-athletes



**Write some strategies you can use with your student-athletes.**

- *Imagine, you are a professional trainer, what would you do to help your student-athletes to improve their performances?*
- Follow the guidelines to present your final plan – remember, it is an oral presentation.
- You can prepare some pictures or get real items handy for the task.

Presenting Time: \_\_\_\_\_ minutes.

	Points to cover	Key information to present	Language I can use for presenting the point
<b>1.</b>	<b>Main aim of these strategies</b>		
<b>2.</b>	<b>Support (How can you encourage your students? Ideas, etc.)</b>		
<b>3.</b>	<b>Description (What would your strategies be? When could be the best moment to start your plan? Do you need extra resources?)</b>		
<b>4.</b>	<b>Benefits of these strategies</b>		
<b>5.</b>	<b>Cons of these strategies</b>		
<b>6</b>	<b>Extra information to complement the strategies</b>		