

The Improving Health Programme & System Planner



Write a plan to improve the Health System (healthy diet & exercising).

• Imagine you are the Secretary of Health in your country, and you want to improve the Health Programme & System (referring to healthy diet and exercise). How could you do that? Why do consider that your country needs this change? Which activity/activities would you start with? What would the benefits of this new health programme be? Where can you start working with this programme? (Schools, jobs, public sector, etc.)

- Follow the guidelines to present your final plan – remember, it is an oral presentation.
- You can prepare some pictures or get real items handy for the task.

Presenting Time: _____minutes.

Points to cover		Key information to present	Language I can use for presenting the point
1.	Main aim of this programme		
2.	Healthy diet & Exercising activities (Nutrition Conferences, meetings, workout time, etc.)		
3.	Benefits of this programme		
4.	What would you need to start the programme? (Budget, material, extra resources)		
5.	Places to start the programme Why will you start there?		
6	Extra information to complement the programme		