

I always **eat**  
healthy food.



I **had** a headache  
last night.



The stylist **will cut**  
my hair.



**PRESENT SIMPLE  
PAST SIMPLE &  
FUTURE SIMPLE**



# Verbs (Regular & Irregular)

REGULAR VERBS	IRREGULAR VERBS
<b>E.g.</b>	<b>E.g.</b>

**Think about some verbs you can use when you are talking  
about HEALTH.**

# Present Simple, Past Simple & Future Simple

Differences

## PRESENT SIMPLE

- Daily routines
- An action that is happening now

- I always **have** breakfast at home.
- She **doesn't have** any meals at school.
- **Does** it play with the ball?

My sentence

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## PAST SIMPLE

- Past actions
- An action that already happened

- I always **had** breakfast at home.
- She **didn't have** any meals at school.
- **Did** it **play** with the ball?

My sentence

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## FUTURE SIMPLE

- Future actions
- An action that will happen in the future

- I **will** always **have** breakfast at home.
- She **won't have** any meals at school.
- **Will** it **play** with the ball?

My sentence

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# Present Simple, Past Simple & Future Simple

Affirmative (+)  
Negative (-)  
Interrogative (?)

## PRESENT SIMPLE

### [AFFIRMATIVE]

S + verb present simple + C



### [NEGATIVE]

S + do not / does not +  
verb simple form + C

### [INTERROGATIVE]

Do / Does + S +  
verb simple form + C ?

## PAST SIMPLE

### [AFFIRMATIVE]

S + verb past simple + C

### [NEGATIVE]

S + did not +  
verb simple form + C

### [INTERROGATIVE]

Did + S +  
verb simple form + C ?

## FUTURE SIMPLE

### [AFFIRMATIVE]

S + will +  
verb simple form + C

### [NEGATIVE]

S + will not +  
verb simple form + C

### [INTERROGATIVE]

Will + S +  
verb simple form + C ?

do not = don't    does not = doesn't

did not = didn't

will not = won't



# Present Simple, Past Simple & Future Simple

## Exercise 1

1. fast / How / you / can / cure / a / ? / cough
2. baby / The / morning / vomits / every / .
3. Am / I / clean / to / dust, / I / to / . / so / need / allergic / everyday / house / my
4. Tuesday / every / She / swims / night.
5. keep / healthy / solution / the / reading / To / a / . / mind, / is

**Exercise 1: Unscramble words to create sentences.**

# Present Simple, Past Simple & Future Simple

## Exercise 2

### PRESENT SIMPLE

### PAST SIMPLE

### FUTURE SIMPLE

1. (+)

1. (-)

1. (?)

2. (-)

2. (?)

2. (+)

3. (?)

3. (+)

3. (-)

4. (+)

4. (-)

4. (?)

5. (-)

5. (?)

5. (+)

**Exercise 2: When you get the sentences of exercise 1, change them into present, past and future simple.**

# Present Simple, Past Simple & Future Simple

## Exercise 3

PRESENT SIMPLE	PAST SIMPLE	FUTURE SIMPLE

**Exercise 3: Write 3 small paragraphs referring to Health.  
(Paragraph 1 Present Simple, Paragraph 2 Past Simple, Paragraph 3 Future Simple)**

# Present Simple, Past Simple & Future Simple

Present  
Simple  
Past Simple  
& Future  
Simple  
(SUMMARY)

## PRESENT SIMPLE

### [AFFIRMATIVE]

S + verb present simple + C



### [NEGATIVE]

S + do not / does not +  
verb simple form + C

### [INTERROGATIVE]

Do / Does + S +  
verb simple form + C ?

## PAST SIMPLE

### [AFFIRMATIVE]

S + verb past simple + C

### [NEGATIVE]

S + did not +  
verb simple form + C

### [INTERROGATIVE]

Did + S +  
verb simple form + C ?

## FUTURE SIMPLE

### [AFFIRMATIVE]

S + will +  
verb simple form + C

### [NEGATIVE]

S + will not +  
verb simple form + C

### [INTERROGATIVE]

Will + S +  
verb simple form + C ?

do not = don't    does not = doesn't

did not = didn't

will not = won't



**THANKS!**

