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| Name: | | | <u>-</u> |
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| Grade: | Group: | Date: | |

Find these words/phrases in the article and look up their meanings. Write 2 sentences using each word.

| WORD | DICTIONARY MEANING | SENTENCE |
|--------------|--------------------|----------|
| health | | * |
| break (n) | | * |
| refresh | | * |
| struggling | | * |
| through | | * |
| due to | | * |
| ever-growing | | * |
| hectic | | * |
| otherwise | | * |