

Mark's routine

Mark **goes to school** five days a week, from Monday to Friday. He **wakes up** at six o'clock, and five minutes later, he **gets up!** He **takes a shower** at quarter past six, and then he **dresses up**. At ten to seven, he **has breakfast** in the kitchen. Mark **leaves his house** at quarter past seven. School **starts** at eight o'clock. Mark **must arrive** ten minutes before this time to start his classes on time.

After school, Mark **goes** out with his friends, they **play soccer** and then they do something else to spend the time together.

Mark **arrives** at his house at half past four and he **does** his **homework**. He **finishes** it at about six o'clock.

From six to seven p.m., **he plays video games** or **plays with** his **toys** in his room. At ten past seven, he **has dinner** with his family. After dinner he **goes back** to his room to **get everything ready** for next day. After that, he **watches** TV with his dad and at half past nine, all the family **goes to bed**.

Sometimes, Mark **wakes up** in the night. It may be for different reasons. He sometimes **feels thirsty**. When **it happens**, he **goes** into the kitchen and **drinks some water**. There are other times when he **has to go to the bathroom**.



Mark **has** a little sister, and he sometimes wakes up in the night because his sister **tells** him that she **doesn't like** the dark and she **needs** him to **wait** for her at the bathroom door.

He **doesn't like to stop** his sleep, but he **thinks** that helping his sister is a good thing to do.

Brothers must help sisters and sisters must help brothers too!!



Read and choose the correct answer.

1. What daily activities can you find in the text?

- A) go to bed, have dinner and play video games
- B) eat breakfast, go out with family and take a shower
- C) watch TV, do homework and eat vegetables

2. What time does Mark go to bed?

- A) At 9:10
- B) At 9:30
- C) At 8:45

3. What does Mark do in his room after dinner?

- A) He cleans his room
- B) He plays video games
- C) He prepares the things he will use next day

Read and circle the correct answer.

1. Who watches TV with Mark before going to bed?

- A) Mum
- B) Friends
- C) Dad

2. Who goes to sleep at 9:30 pm?

- A) All the family
- B) Mark
- C) Mum and dad

3. In the afternoon, Mark goes out with...

A) friends

B) mum

C) dad

4. Mark's sister never wakes up in the night.

A) True

B) False

C) I can't tell

Draw and write the time at which Mark does each activity.



wake up

take a shower

do homework

go to bed

Look and write one activity in each section. Then write the time at which you do each and draw the time on the clocks.

Activity

Time

Time on the clock











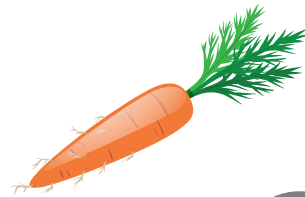
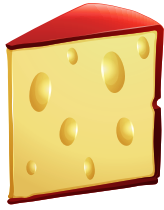
Look and label the food. Then cross the odd one out and explain why it does not belong to the group.

broccoli

carrot

cheese

cauliflower



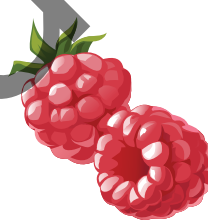
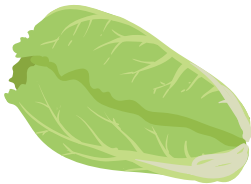
1. The _____ is the odd one. It is not a _____, it is _____.

plum

raspberry

lettuce

peach



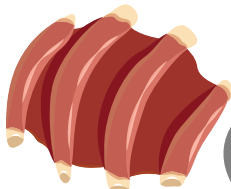
2. The _____ is the odd one. It is not a _____, it is _____.

chicken

steak

ribs

fish



3. The _____ is the odd one. It is not _____, it is _____.

shrimp

pie

pudding

cake



4. The _____ is the odd one. It is not a _____, it is _____.