

Look and label the pictures.

bacon

mince

rolls

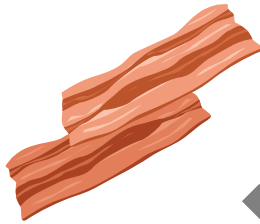
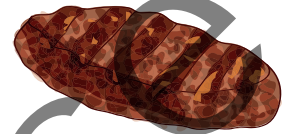
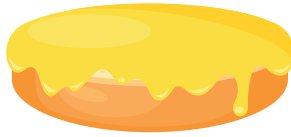
hot plate

melt

dollop

American cheese

patty



Write the option-letters on the lines.

a) toast

b) get soggy

c) flip over

d) smoky

_____ When food absorbs water and it gets unpleasantly wet and soft.

_____ It describes something which appears to be or taste similar to smoke.

_____ To make bread or other food warm and crisp.

_____ To turn food over quickly one or more times.



BURGERS

What makes a burger?

Right! **Mince** (meat), in the US, people call it **ground beef**, and you make **patties** with it. Patties are small pieces of mince made into a disc shape. For the patties, there are many “**add-ins**” you can try; for example, mixing the mince with dried **onion**, **eggs**, **bacon fat**, **grated cheese** and many more, but the absolute best to add is... well **you name it!**

1 ¼ pound of mince with 20% **fat** content is what you need if you are planning to make your own **burgers**; just remember that this will be enough to get four big patties.

Now the process!

Divide the mince into four sections, form each section into a ball and press it onto a surface to make it get flat. Then get the **rolls** on a **hot plate** and **toast** the cut sides, remember that they get **soggy** very quickly so it must be done right before cooking the patties. The toasting will take just a minute or two, so **flip them over** a few times and remove them quickly – if you leave them on the hot plate longer, they may get **smoky**.

Next the cooking!

This is what most people recommend for cooking the burgers on each side:

- 3 minutes for **RARE** (you will still see red)
- 4 minutes for **MEDIUM**
- 5 minutes for **WELL DONE**



Now that you have learnt the basis of making a burger, it's time to go over **cheeseburgers**. You just have to place a slice of **American cheese** or some **Oaxaca cheese** on the flip side about 1 minute before the burgers are done cooking, and the heat from the hamburgers will **melt** the cheese.

Serve your hamburgers with **sliced tomatoes** and **onion**, some **lettuce**, a **dollop of mayonnaise** and **ketchup** and some **salt** and **pepper**.

So either you are eating a regular burger or a cheese burger, get **a glass of soda** and **"Enjoy!"**



Read and write what the words and the two expressions below mean.

RARE: _____.

MEDIUM: _____.

WELL DONE: _____.

You name it! _____.

Enjoy! _____.

Use the internet or visit local fast food places to find out about strange names for burgers and the special ingredients used to prepare them. Then write about three of them, include a phrase to explain if you recommend buying them or not.

Special Burgers!

Name: _____

Price: _____

Special Ingredients

Recommending Phrase

Name: _____

Price: _____

Special Ingredients

Recommending Phrase

Name: _____

Price: _____

Special Ingredients

Recommending Phrase

