

Awesome Kidz 2

Unit 4 Lesson 1



Aim: Students will identify, name, and colour common fruits in English, while developing vocabulary, fine motor skills, and sensory awareness through visual and hands-on activities.

Time: 45-60 minutes

Materials:

- Crayons or coloured pencils
- Real fruits (apple, banana, orange, grapes, watermelon, mango)
- Small baskets or trays
- “Fruits” Awesome Kidz Song <https://www.youtube.com/watch?v=CyHjCbSHtww>

Tip: Use real fruit when possible, to allow multisensory exploration. Integrating touch, smell, and sight helps deepen language learning. Allow students to explore at their own pace and encourage them to describe what they see or feel, even in their own words.

Engage:

Fruit Mystery Basket

-Prepare a basket with real fruits. Cover it with a cloth. Let each child take turns reaching into the basket, touching a fruit, and guessing what it is. Reveal the fruit and name it together. Say: “This is a banana. What colour is it?”. Let the students pass the fruit around, observe and smell it.

Explore & Practice:

With the Book

Colour & Match

-Distribute books. As a group, review the names of each fruit. Use flashcards and point to the real fruit or pictures. Students colour the fruits using the correct colours while saying the name aloud. “Red apple, yellow banana, green watermelon...” Use descriptive language: “The watermelon is big and juicy!”

Fruit Sorting Mat

Closing:

Activity: Fruit Song & Dance

-Play a fruit-themed song and encourage movement (dancing like a banana, bouncing like a grape). End with a calming fruit story or poem. Example:

*“Apples red, and grapes so sweet,
Bananas are a yummy treat.*

Oranges round, and mangoes too,

Watermelon slice – just for you!”

Wrap-up Question Circle

-Sit in a circle and ask: “What fruit do you like?” “What colour is a mango?” Let children hold up the matching real fruit or point to it in their book.