

Awesome Kidz 2

Unit 4 Lesson 12



Aim: Students will express personal food preferences using the phrases “I like...” and “I don’t like...” while identifying food vocabulary. They will practice cutting, sorting, and speaking to develop language, fine motor skills, and social-emotional awareness.

Time: 45-60 minutes

Materials:

- Scissors
- Glue sticks
- Action puppet or soft toy for dialog practice
- Emotion face cards (😊 😞)
- Small trays or baskets for sorting
- Mirror (for facial expressions exploration)
- Flashcards for each food items

Tip: Allow children to use facial expressions and gestures to communicate before speaking. This encourages participation without pressure. Some students may not feel comfortable saying they don’t like something. Remind them it’s okay to have different tastes, and this activity is just to explore and talk. Offer positive reinforcement for all attempts to speak.

Engage:

Food and Feelings Circle

-Gather children in a circle. Show one food item at a time (real or picture) and ask: “Do you like carrots?”. “Do you like salad?”.

-Show the matching smiley or sad face card to represent the feeling.

Explore & Practice:

With the Book

Cutting and Sorting

-Children cut out the food pictures from the book page. Invite them to sort the foods into “I like” and “I don’t like” using the frames on the page. Suggestion: Offer small trays for them to physically sort before gluing.

Language Support: Model full sentences while they work: “I like apple.” “I don’t like fish. Encourage repetition and offer choices if they need support.

Mirror Talk

-Children look into small mirrors and practice saying “I like...” or “I don’t like...” while smiling or frowning to match the expression. This builds self-awareness and emotional literacy.

Pair Sharing

-In pairs, children show their completed page and say one thing they like and one they don’t like. They may also ask their partner: “Do you like ___?”

Closing:

Food Friend Song & Puppet

-Sing a goodbye song with adapted lyrics (e.g., to the tune of "If You're Happy and You Know It"):

*"If you like apples, say 'I do!' (I do!)
If you like fish, say 'Me too!' (Me too!)
If you don't like onions, show a frown...
Then turn it upside down!"*

Use the Akion puppet to close the lesson with a thank-you and a hug or wave to each student.

