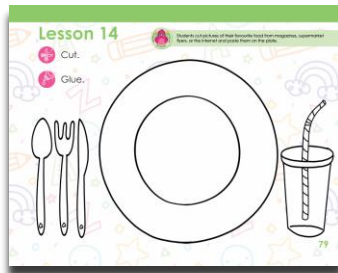


Awesome Kidz 1 Unit 4 Lesson 14



Aim: Students identify and choose their favourite foods, develop fine motor skills through cutting and gluing, and use simple English vocabulary for food items.

Time: 45-60 minutes

Materials:

- Scissors
- Glue sticks
- Magazines or supermarket flyers
- Pre-printed food pictures (optional)
- Small baskets

Tip: Montessori emphasizes independence—allow them to select their own pictures rather than giving predetermined food items. This increases engagement, ownership, and language retention. Move slowly, use soft voice modeling, and allow time for sensory exploration.

Engage:

Circle Time Conversation

-Show real or toy food items (apple, banana, sandwich, milk). Ask: “What do you like?” “Do you like apples? Yes or no?”. Let students respond with gestures or simple words.

Movement Verse

Use gentle hand motions and rhythm: “*On my plate, I like to eat... tasty things and healthy treats!*” (Students pretend to eat, drink, cut, etc.)

Explore & Practice:

Montessori Food Sorting Basket

-Place real pictures or plastic foods in small baskets. Invite students to explore and choose 3 of their favourite foods. Use language modeling: “*You chose pizza.*” “*You like fruit.*”

With the Book

-Distribute books. Students cut pictures of their favourite food from magazines, supermarket flyers, or pre-printed food images. Glue them onto the plate on the worksheet.

Closing:

Whole Child Sharing Circle

Invite 3–5 children to show their plates and say: “I like ____.” Teacher models sentences and helps gently.

Goodbye Chant

Sing softly:

*“We made our plates, we cut and glued,
We learned our favourite kinds of food!”*

