

Awesome Kidz 3 Unit 4 Lesson 17



Aim: Students will learn to identify different food items and classify them as healthy or unhealthy while practicing food vocabulary in English. They will also practice fine motor skills by drawing the food items inside the refrigerator.

Time: 45-60 minutes

Materials:

- Crayons or coloured pencils.
- Pictures or real examples of the food items.
- Music for the closing song (optional).

Tip: Allow students to work at their own pace, especially during the drawing activity. Encourage creativity by letting them choose how they want to organize their refrigerator. Always praise effort and creativity rather than focusing on perfect accuracy.

Engage:

Introducing Food Vocabulary

- Start the lesson by introducing the food items on the book (egg, water, ham, tomato, potato, onion). Show pictures or real examples of these foods and discuss whether they are healthy or unhealthy. Ask students if they can name the foods and if they like to eat them.

- Use simple phrases like, "This is an egg," "Water is healthy," or "Potatoes are yummy!" Encourage students to repeat the food names after you.

Explore & Practice:

With the Book

Drawing Healthy Food into the Refrigerator

- Distribute books. Ask the students to draw the food items from the list into the empty refrigerator. Make sure to reinforce the names of the items as they work and remind them of the healthy/unhealthy distinction.

- Repeat key vocabulary (egg, water, ham, tomato, potato, onion) and use sentences like "Put the egg in the fridge," or "Where should the tomato go?"

- Encourage students to take their time, explore the drawing process, and make their own choices about where to place the items in the refrigerator. Let them use color to make the activity more creative.

Pair Share - What Did You Draw?

- After completing the drawings, pair students up to show and explain to their partner what they drew in their refrigerators. They should use phrases like, "I put the tomato here," or "The egg is on the shelf."

Closing:

Healthy Foods Song

- End the lesson with fun story about healthy foods.

Suggested videos

<https://www.youtube.com/shorts/mxFO9-Uy3zs>

https://www.youtube.com/watch?v=j_wumXHSnlG&list=RDj_wumXHSnlG&start_radio=1

