

Awesome Kidz 3 Unit 3 Lesson 2



Aim: Students will learn to identify and name common vegetables, color them, and practice saying their names aloud.

Time: 45-60 minutes

Materials:

- Plastic or real vegetables (tomato, onion, potato, cucumber, and carrot)
- Crayons or coloured pencils
- Vegetable puppets (simple paper cutouts or pre-made)
- Cloth bag for the vegetable mystery bag
- Toy coins and pretend market stand (can be a table with vegetable toys)

Tip: Encourage students to use full sentences when role-playing in the vegetable market. For quieter students, model the language first and give them the opportunity to repeat after you. Provide plenty of encouragement to boost confidence in speaking.

Engage:

Vegetable Mystery Bag

-Prepare a cloth bag filled with plastic or real vegetables (tomato, onion, potato, cucumber, and carrot). Like a market game, tell the students there's a "surprise" in the bag. Let each student reach into the bag and feel a vegetable, trying to guess what it is based on touch. After they guess, reveal the vegetable and say the name aloud, inviting the class to repeat.

Explore & Practice:

With the Book

Colour and Say

-Distribute books. Ask students to colour the vegetables according to their real-life colours. As they colour, circulate and ask them what they are colouring. Use the vegetables from the previous activity to show the real vegetables if necessary. "What vegetable are you colouring?" If the student answers correctly, encourage them by saying, "Great! That's a tomato!" If they need help, guide them gently: "This is a tomato. Can you say 'tomato'?"

-This activity encourages independent exploration as students practice identifying vegetables and learn their names. It fosters sensory learning and creativity.

Vegetable Puppet Role Play

-Hand out simple vegetable puppets (which can be made from paper or pre-made) for each student. Assign each child a vegetable and encourage them to say a line such as, "I am a carrot. I am orange." This brings in a fun, creative element of role play.

-This activity encourages imagination and creativity through role play, aligning with Waldorf's focus on artistic and expressive learning.

Closing:

Vegetable Market Simulation

-Set up a pretend vegetable market with the items on the cart from the worksheet (vegetables or toy versions). Give students pretend coins and have them "buy" the vegetables by asking for them. "Can I have a cucumber, please?" The student playing the vendor hands the vegetable and says, "Here is your cucumber!"

-This fun, interactive activity reinforces vocabulary while practicing social skills, such as asking and receiving, aligning with the whole child approach of social-emotional development.

