

Awesome Kidz 2

Unit 4 Lesson 3



Aim: Students will recognize and name common food vocabulary in English (milk, cheese, meat, fish, chicken, cake), practice fine motor skills through cutting and gluing, and reinforce categorization and visual matching skills.

Time: 45-60 minutes

Materials:

- Safety scissors
- Glue sticks
- Real food item visuals or plastic play food
- Labels or flashcards with food names
- Large cardboard fridge (optional for group activity)
- Whiteboard and marker for food sorting
- Background music (optional)

Tip: Begin with concrete experiences using toy food or real packaging to give context before introducing abstract symbols like written words. Allow exploration and let students express opinions (e.g., "I like cake!").

Engage:

Activity: What's in the Fridge?

- Show the image or bring a toy fridge filled with pretend food. Take out one item at a time, say its name, and ask: "Do you like fish?" "What colour is cheese?" Invite students to take turns pulling items out and naming them.

Explore & Practice:

With the Book

Read, Cut & Glue

- Give each student the book page and guide them to read or repeat the food names. Assist them in cutting out the food items and gluing them in the correct place inside the fridge image. Encourage accuracy, independence, and neatness in line with Montessori values.

Fridge Sorting Game

Closing:

Activity: Draw and Share Your Favourite Food

- Give each student a fridge template. Ask each student to draw one item they would keep in their fridge. Encourage them to say: "I have milk and cheese in my fridge." Share drawings in a circle to build confidence and communication.

Optional Song:

*“Open the fridge, what do I see?
Milk and cheese, just for me!
Close the door, wait and see,
What’s for dinner? Come ask me!”*

Note: After this lesson, students can do **Fun Book page 70**.



