

Awesome Kidz 2

Unit 4 Lesson 6



Aim: Students will identify and name familiar grocery items (bread, cereal, water), develop vocabulary and categorization skills, and practice fine motor skills through circling and colouring activities.

Time: 45-60 minutes

Materials:

- Crayons or coloured pencils
- Flashcards or real items: bread, cereal box, water bottle
- Small food-related toys or printed pictures
- Labels or name cards with food words
- Soft music (optional, for transitions or colouring time)

Tip: Use real objects (or realistic toy versions) before introducing pictures. Give students time to manipulate and talk about the items. Let them explore using their senses: sight, touch, and even smell if safe.

Engage:

What Is It? Touch and Guess

-Put a real loaf of bread, a cereal box, and a water bottle in a mystery bag or box. Invite students one by one to touch and guess. Reveal the item and name it: "It's bread!" "Do you eat bread at home?" Use gestures and realia to make vocabulary meaningful.

Explore & Practice:

With the Book

Circle & Colour

-Distribute the book page. Say the name of each item and ask students to circle the correct item in each row: "Find the bread. Circle it." "Now colour the bread brown." Let students work independently or in small guided groups. Encourage vocabulary repetition as they work: "This is cereal." "This is water."

Real Object Sorting

-Give each group 3 real or toy items: bread, cereal, water. Mix with one or two "wrong" items (e.g., juice, cookies). Ask students to sort only the target items into a basket or tray. Encourage use of full sentences: "I found the water." "This is not cereal."

Closing:

Mini Show & Tell Drawing

-Invite students to draw one of the three food items. Ask them to share: "I like cereal." "I drink water." Post drawings on a "Healthy Food" classroom wall.

Goodbye Chant

"Bread is yummy, cereal too,

Water is healthy – good for you!

Circle and colour, now we're done,

We learned new words and had some fun!"

